

Keep Coming Back

Volume 2, Issue 2

February 2019

Business Meetings & Announcements

- Club 12 Board of Directors February 21, 2019 at 6:45pm.
- Volunteer opportunities available Check with Club 12 office



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Graham Doage, BOD Vice-President

Most of the members of the Club 12 Board of Directors have become involved through their own recovery in a 12-step fellowship. Graham Doege participates on the board as Vice-President and shares some about her reason for her participation with Club 12:

From the start I enjoyed and appreciated the love and support of Alcoholics Anonymous and my sponsor.

When my sponsor moved to another state. I was lost without her, but limped along with phone calls and brief visits.

Then my sponsor died. I was devastated and began to flounder. I didn't want

to drink but I needed closer friends.

I was invited onto the Board of Directors for Club 12. It was there I was able to rebalance myself and begin to build those solid, long lasting connections.

Serving on the Board of Directors is one of the most important forms of service work you can perform. I recommend you think about it.

Graham Doege

Becoming involved through board membership provides an opportunity to support the community of 12-step recovery fellowships

rather than one in particular. Most board members are in recovery themselves but it is not necessary. Anyone can participate. Persons outside of the recovery community can become involved the the Club 12 Board of Directors in any position.

There are several vacancies on the board at this time. If you or someone you know is interested please let one of the board members or office manager know and he/she will be contacted.

Service to Incarcerated members

Currently there are several members of the High Country area reaching out for correspondence while they are incarcerated.

Even the controlled environment of prison would seem to make drinking

or using drugs more difficult, it is not necessarily the case. As experience has shown it is even more difficult often.

Addresses for our local members can be provided by the Club 12 office.

Other members can be contacted through the corrections committee district chair a committee member. This is an area of service that is critical need and one that offers much reward with little effort.

Step Work: Step 2

“The Gift of Laughter”

Before my recovery from alcoholism began, laughter was one of the most painful sounds I knew. I never laughed and I felt that anyone else's laughter was directed at me! My self-pity and anger denied me the simplest of pleasures or lightness of heart. By the end of my drinking not even alcohol could provoke a drunken giggle in me.

When my A.A. sponsor began to laugh and point out my self-pity and ego feeding deceptions, I was annoyed and hurt, but it taught me to lighten up and focus on my recovery. I soon learned to laugh at myself and

Ask God to help me stop taking myself too seriously.

- *Daily Reflections*, Feb.20

Many people are surprised when they come to a meeting and hear laughter rather than the expected misery. The misery brings us in the door, but it's the laughter that keeps us here.

Laughter is a higher power. It is not something I can control but will lift my spirit and bring me to tears at the same time. I often look to the people laughing the most to find those with spiritual growth and healing. Not everyone laughs every day. But if there's no laughter why stay?

Came to believe that a Power greater than ourselves could restore us to sanity

For our group purpose there is but one ultimate authority... a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants. They do not govern

Tradition of the Month: Tradition 2

As an extension of the 2nd Step, the 2nd Tradition finds it's version of a Higher Power. This can be a contentious process. In group conscious meetings issues of money, service positions, and other issues can bring many varied opinions and ideas.

The traditions in particular act as a guiding structure for groups to strive to meet in their

decisions. Traditions are not absolutes, nor can they be interpreted only one way.

The Group Service Leader carries the group opinion to the regional level on issues to be considered at assemblies. As a trusted servant the GSR has the ability to change the vote if s/he hears something not considered, if thought to be of the same spirit of the group.

Amazon Smile for Club 12



It is easy to support Club 12 when hopping on Amazon.com by using Smile. It can be used when purchasing any item on Amazon.

It is simple to use. When you are ready to shop or buy. Choose Smile and it will prompt you to find the organization. You will find us using Club 12 Inc and it will give the location, Boone, NC.

Smile can be used with or without Amazon Prime as well.

This method of income for Club 12 will not conflict with the spirit of the 11th tradition because it is just another way to receive donations from individuals rather than from a grant or other resources from the larger community.

**Women's Book study
& Meditation
Tuesday @ 8:45pm
At Crossfit Postal
(by Publix)**

Coming:

HCCYPAA

Monday: bi-weekly

Grace Lutheran Church @ 6pm

Classifieds

**Club 12
Needs Your
Membership
\$50 individual
\$75 family
\$1000 lifetime**

Fun in Recovery

**HCYPAA
CO-HOSTED BY
ASHEVILLE
CHILLI COOK OFF
SATURDAY, FEB 23, 2019**



Celebrate Recovery Anniversaries

CLUB 12

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Club 12

Recovery Meets Here

WWW.Club12BooneNC.com

A self-supporting, private nonprofit corporation

Comprised of dues-paying members

Operated by a volunteer non-paid Board of Directors

Purpose: to assist each individual in 12-step recovery by providing:

A meeting place for 12-step recovery groups

Social activities such as dances, special events and other gatherings

Private discussion rooms

Bookstore for recovery community

Service information for the recovery community

Support spiritual, mental, & physical welfare of recovery community

Wish List

Donations of snacks/drinks

Gift cards: snacks/coffee, office supplies

Carpet cleaning service or steam cleaner

Secure dishwasher to frame