

Keep Coming Back

Volume 2, Issue 1

January 2019

Business Meetings & Announcements

- Club 12 Board of Directors
January 17, 2019 at 6:45pm.
- Alcathon planning meeting
will be on December 12,
2018 at 6:45pm.
- Volunteer opportunities
available Check with Club
12 office



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Harvey Deal, BOD President

Happy Sober New Year 2019!! Club 12 sends wishes for a wonderful year of sobriety and joyful recovery.

In the first months Club 12 wants to introduce the Board of Directors and let each tell a bit of their story and their experience of being involved with Club 12. The first comes from the board president, Harvey Deal:

When approached about serving as a member of the Board of Directors for Club 12, my response was an immediate "yes." I felt honored that I was considered for this and it provides me an opportunity to give back to the club be-

hind the scene. It was at Club 12 where I obtained sobriety and found a safe, caring, and clean environment to help maintain my sobriety and grow in the program of recovery offered there. I am forever thankful to those individuals that had the vision and fortitude to establish the club. There are many places that recovery is offered, but in Club 12, I have found home.

I was born and raised in Boone and giving back is essential to my well-being and sobriety. It is always a pleasure to hear our many visitors from all over the

country comment on how nice the clubhouse is and that the people they encounter here are always welcoming to all who come through our door. One of my main focuses while on the board has been to increase public awareness of what Club 12 provides for our community.

I am pleased to work with the other members of our board to produce this service for many years to come.

- Harvey, President,
President of Club 12
Board of Directors.

Alcathon Report

All three days of the 2018 Alcathon were a hit! The meetings were well attended and there was plenty of food and fellowship to go around.

The Alcathon has been a tradition of the High Country area for many

years. Prior to the opening of Club 12 Alcathon was held in different locations in Boone. The importance of the Alcathon is evidenced by the enduring event. Holidays and the holiday period have extra issues

pertaining to sobriety. Having a place for extra meetings allows a safe place to decompress and find supporting fellowship can make all the difference from using to not using and true to form, several tales of this need came true in 2018.

Step Work: Step 1

“Am I powerless? Indeed I am over everything but my words and actions, and even then I can be surprised.

The first step informs us of the power alcohol holds over our lives. A power that has the ability to take us all the way through pain and sickness straight to death.

The good news about the first step is embodied in the word ‘we.’ All who attend AA and take the first step to heart will feel the embrace of every individual in the room. It is this embrace that keeps us coming back thus opening the door to recovery.”

Surprise is a common experience in recovery. We are surprised by the things we find out about ourselves. Facts that we are not so bad after all and facts that we are not the saviors of the world either.

One of the more disturbing surprises can be that we are powerless over more things than just alcohol. We have to learn what we are able to manage and what we can't. It's not a clear line always nor is it easy to be successful with all the time. Eventually we learn enough to become more aware of what can be managed until we find another surprise. This is what makes recovery the

adventure it is and why it's a life long journey we are so fortunate to experience with each other.

We admitted that we were powerless over our addiction and our lives had become unmanageable.

Tradition of the Month: Tradition 1

The traditions are vital to the fellowship and can be applied to daily life as well to rewarding affect. It has been stated that each tradition is an extension of the same number step, so tradition one is an extension of step one

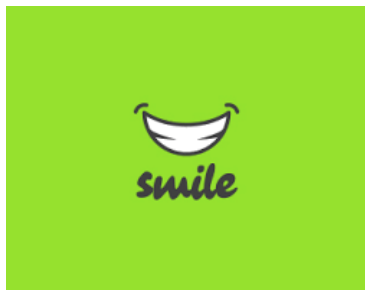
The members sharing thoughts about step one above makes this connection.

“All who attend AA and take the first step will feel the embrace of every individual in the room,” is a statement of a profound unity felt in the powerlessness of a defeat by alcohol.

Unity assures us help when needed. Sobriety can be moment by moment in times of crisis. Unity means there is help when needed, if not by one person by many.

Our common welfare should come first; personal recovery depends on AA unity.

Amazon Smile for Club 12



It is easy to support Club 12 when hopping on Amazon.com by using Smile. It can be used when purchasing any item on Amazon.

It is simple to use. When you are ready to shop or buy. Choose Smile and it will prompt you to find the organization. You will find us using Club 12 Inc and it will give the location, Boone, NC.

Smile can be used with or without Amazon Prime as well.

This method of income for Club 12 will not conflict with the spirit of the 11th tradition because it is just another way to receive donations from individuals rather than from a grant or other resources from the larger community.

Make your announcement here:

Contact the Club 12
office for free ads for recovery centered activities.

Classifieds

Club 12

**Needs Your
Membership**
\$50 individual
\$75 family
\$1000 lifetime

Fun in Recovery



NEW MEETING:
ADULT CHILDREN OF ALCOHOLICS
& DYSFUNCTIONAL FAMILIES (ACA)
THURSDAYS @ 4PM &
SATURDAYS @ 4PM @ CLUB 12

Blowing Rock Promises Group
Annual Celebration #45
January 23, 2019

Eatin' Meetin' & Speaker Meetin'
(eat at 6pm and speaker @ 7:30)



Celebrate Recovery Anniversaries

CLUB 12

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Club 12

Recovery Meets Here

WWW.Club12BooneNC.com

A self-supporting, private nonprofit corporation

Comprised of dues-paying members

Operated by a volunteer non-paid Board of Directors

Purpose: to assist each individual in 12-step recovery by providing:

A meeting place for 12-step recovery groups

Social activities such as dances, special events and other gatherings

Private discussion rooms

Bookstore for recovery community

Service information for the recovery community

Support spiritual, mental, & physical welfare of recovery community

Wish List

Donations of snacks/drinks

Gift cards: snacks/coffee, office supplies

Carpet cleaning service or steam cleaner

Secure dishwasher to frame