

Keep Coming Back

Volume 2, Issue 6

June 2019

Business Meetings & Announcements

- Club 12 Board of Directors June 20, 2019 at 6:45pm.
- Volunteer opportunities available Check with Club 12 office



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Leslie Eason, Treasurer/Secretary

I struggled with alcoholism for 30 years before getting sober on September 1, 2013. I got sober here at Club 12 and I credit much of my recovery and the life I have today to Club 12 and the people here.

My life had truly become unmanageable. I had lost my home and I could barely work. Due to my abuse of alcohol my health had deteriorated to the point where I was like a very old sick person at 49. I almost lost hope and saw no future. When I went to the doctor to discuss my test results and she said something had to change. I blurted out that I was alcoholic asked what I should do. She gave me the number for Daymark

Recovery Services in Boone. I entered outpatient treatment. The first thing they told me was to go to Club 12 and attend meetings there.

It was wonderful to walk in the doors and know everyone here had struggled with addiction as well. It is a stable place that is well run, clean and welcoming. It is so convenient and comforting for me to have this place to come to. My best friends are here.

I became the Advisory committee member for my home group, giving Club 12 input from the group about its needs.

I enjoyed this service and was asked to join the Board of Directors for Club 12. I was thrilled to be able to share my business experience, and help the club that had provided me a 'home away from home.'

Work on the Club 12 board is challenging and rewarding. People like me are sent to Club 12 by the courts or treatment facilities, yet Club 12 receives no grants from these entities. We are continually looking for ways to bring grants and donations to keep the club in good shape and running. The board is a great group of people volunteering and working together for the future of Club 12. Being a part of the board has solidified my sobriety and given me a greater sense of belonging.

Club 12 Membership Drive has begun

Every year Club 12 conducts a membership drive before the annual membership meeting in July, where the Board of Directors will be elected. The drive for the 2019-2020 year is in progress now. Memberships become due in July and are current

until the following July.

Membership to Club 12 is critical for keeping this facility open. Grants from other entities have covered the costs memberships have not. In fact, if not for the grants, Club 12 would have closed years ago.

And that is the most important benefit of joining Club 12: you assist the club to keep the doors open, for meeting, step work and social events. Club 12 has become recognized as a vital organization in Watauga County. Membership makes that possible.

Step Work: Step 6

The removal of character defects can seem as perplexing as the defects (and the problems they caused) themselves. When is it going to happen? Which ones are most important? How do I focus on this one or that one? And we all know that Step 6 provides instructions: “were entirely ready to have God remove all these defects of character.” (AA Big Book, p.63). But the true nature of the process is a but more complex than that.

The spiritual principles that provide a framework for tackling Step 6 are commitment and perseverance. Because we can be ready for our Higher Power to remove a defect and then

spend a lot of time waiting for it to happen. Of course, it takes work as well. And that’s where the willingness and perseverance comes in. Because once we become aware of our character defects, mainly through step work with our sponsor, it’s time we work on them.

In many instances, our defects are mutations of important, essential character traits. As the NA Basic Text states, “Our character defects are basic human traits that have been distorted out of proportion by our self-centeredness, causing enormous pain to us and those around us.” (Basic Text, p.44) The Basic Text goes on to mention self-righteousness and fear—two

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traits often considered negative—and their counterparts, confidence and caution. This provides a great example of how our character defects and attributes are often two sides of the same coin.

And in doing so, we see how we can, among many other things, begin to work on our character defects so that our Higher Power is able to remove them.

Tradition of the Month: Tradition 6

The purpose of our 6th Tradition is to clarify an issue that still causes confusion today. Just the other day, I was talking with a friend, telling them I’d be contributing to the Club 12 newsletter. They asked, “Well, isn’t that a violation of the 11th Tradition since it’s essentially promotion?” And I had to think before answering because on face value, yes, it does seem like a

conflicting stance.

The relationship between Club 12 and the groups that meet there provides an excellent example of why we have Tradition 6. Club 12 is the meeting place, the members of the club itself, and the board of directors who make sure the bills and taxes are paid and that the place is secure. What Club 12 doesn’t do is dictate what

happens in the meetings and what track each fellowship should follow. That’s left up to the groups themselves. So while it may seem at first that Club 12 and the fellowships who meet there are the same entity, there is an important distinction that also saves us from the conflict with other traditions, particularly Traditions 4, 6, 8, 9, and 11. Without the distance provided by this relationship, there would certainly be conflicts of interest that could affect the singular purpose of helping alcoholics, addicts, overeaters and all who walk through the Club 12 front door.

Amazon Smile for Club 12

It is easy to support Club 12 when hopping on Amazon.com by using Smile when purchasing any item on Amazon.

It is simple to use. Choose Smile and it will prompt you to find the organization. You will find us using Club 12 Inc and it will give the location, Boone, NC.

Smile can be used with or without Amazon Prime as well.

This method of income for Club 12 will not conflict with the spirit of the 11th tradition because it is just another way to receive donations from individuals rather than from a grant or other resources from the larger community.

A group out never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Club 12, Inc. Boone, NC



Club 12 membership:

Help keep Club 12 Safe, Clean
& Running

Use facilities for 12-step recovery
work

Tax-deductable donations
whether money, equip-
ment/supplies, or services.

• Free T-shirt or
Mug

• Free Newsletter



Classifieds

Club 12 Board of Directors

Meeting:

June 20, 2019 6:45 pm

(after the Happy Hour mtg)

Fun in Recovery

COMING IN JUNE:

INTERGROUP PICNIC

OLD COVE CREEK SCH

JUNE 8, 2019 11AM—3PM

SPEAKER AT 1PM



Area & District Events

72nd NC State Convention

July 11-14, 2019

Raleigh, NC

Spring Committee
Meeting

& Area Assembly

June 21-23

Raleigh NC

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Club 12

Recovery Meets Here

WWW.Club12BooneNC.com

A self-supporting, private nonprofit corporation

Comprised of dues-paying members

Operated by a volunteer non-paid Board of Directors

Purpose: to assist each individual in 12-step recovery by providing:

A meeting place for 12-step recovery groups

Social activities such as dances, special events and other gatherings

Private discussion rooms

Bookstore for recovery community

Service information for the recovery community

Support spiritual, mental, & physical welfare of recovery community

Wish List

Donations of snacks/drinks

Gift cards: snacks/coffee, office supplies

Carpet cleaning service or steam cleaner

Secure dishwasher to frame

Social Media/web site assistance