

# Keep Coming Back

Volume 2, Issue 7

July 2019

## Business Meetings & Announcements

- Club 12 Board of Directors August 15, 2019 at 6:45pm.
- Volunteer opportunities available Check with Club 12 office



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## 2019-2020: The Second Half

The Board of Directors for the next year, until July 2020, is now in place. The board consists of seven members: George Warren, Harvey Deal, Roger Atkins, Leslie Eason, Graham Doege, Dale Hudler, and Chuck Safrit. Officers will be elected at the next board meeting on August 15, 2019. Everyone is encouraged and invited to the board meetings for any month.

A list of accomplishments and changes was presented at the annual meeting. Many of the social activities were well attended and enjoyed, and thus successful. Many individuals utilized the meeting rooms for

a successful service provided by Club 12's expressed purpose.

The activities Club 12 offers through the year serve the 12-step fellowships that conduct meetings at the building. Many of these are scheduled in the second half of the year. Alcathon, is one of these important community efforts, not organized by Club 12, but held at the building, therefore includes Club 12's assistance and participation.

Last year's effort brought 268 alcoholics and addicts to enjoy holiday spirit and a safe place to decompress from holiday stresses. Planning for this year's Alcathon will begin on 8/8/19 and welcomes anyone who would like to be of service. If you wish to participate

please attend and then lean in.

Other opportunities for service and for fun in sobriety at Club 12 include the Labor Day cookout, Thanksgiving Day gathering, Gratitude Dinner and others when an interest and willingness to organize is expressed.

Club 12 exists for these services and purposes. Feeling included is one of the most profound benefits of 12-step recovery for isolated alcoholics and addicts. Participation in these activities builds this feeling more quickly than any other aspect, whether done through a group or sponsorship or general service. Club 12 is not AA, NA or a fellowship, but offers service opportunities as well.

## Club 12 Membership Continues

Every year Club 12 conducts a membership drive before the annual membership meeting in July, where the Board of Directors will be elected. The drive for the 2019-2020 year is in progress now. Memberships become due in July and are current

until the following July.

**Membership to Club 12 is critical for keeping this facility open.**

Grants from other entities have covered the costs memberships have not. In fact, **if not for the grants, Club 12 would have closed years ago.**

And that is the most important benefit of joining Club 12: you assist the club to keep the doors open, for meeting, step work and social events. Club 12 has become recognized as a vital organization in Watauga County. **Membership makes that possible.**

## Step Work: Step 7

Steps 8 and 9 are tied together much the same as Steps 4 and 5. And since both Steps 4 and 8 involve making lists, it was tempting for me to see them more as preparation and organization steps than action steps. But there's action in every step, it just took actually getting into the work to see it.

In fact, the simple act of remembering some of the things I'd done and people I'd harmed brought about a ton of anxiety, fear and shame. And it took some prayer, phone calls, meditation and writing to help them complete that list. It's also a list that, despite the instruction to include "all persons" I'd harmed, is stilled added to sometimes.

I know some people do the step once and it works for them and this isn't a knock against that. But there are still people I've hurt that come to light and I still have to do the work of Steps 8 and 9 when I remember them.

And a final note on what amends mean. As the NA "It Works: How and Why" says on p. 81: "This step does not say we become to say we're sorry, although that may be a part of our amends. Most of the people we've hurt have probably heard us say 'I'm sorry' enough to last a lifetime. In truth, we are becoming willing to do anything possible to repair the damage we've done, particularly by changing our behavior."

Made a list of all people we had harmed and became willing to make amends to them all.

AA should remain forever non-professional but our service centers may employ special workers

## Tradition of the Month: Tradition 7

The gist of what Tradition 8 is about is right there in the first paragraph of AA's "Twelve Steps and Twelve Traditions," stating simply, "We have discovered at the point of professionalism, money and spirituality do not mix." And while that is easy to say, the tradition itself seems to remain a bit murky in some contexts. Given the explosion in the addiction problem in this country

and the addiction treatment industry, it's not uncommon to see members of AA and NA (and other groups) actively working with other groups in the community (and sometimes working paying jobs) that help alcoholics and addicts. Does this cross the line?

According to the book, the breaking of anonymity is just as problematic as the professionalism.

and while according to the literature, it would seem that some of these people and groups could be criticized for breaking their anonymity in their fight against our disease, as long as profit doesn't compromise our spiritual principles, these folks should be commended for their work inside and outside of the rooms.

## Amazon Smile for Club 12

It is easy to support Club 12 when hopping on Amazon.com by using Smile when purchasing any item on Amazon.

It is simple to use. Choose Smile and it will prompt you to find the organization. You will find us using Club 12 Inc and it will give the location, Boone, NC.

Smile can be used with or without Amazon Prime as well.

This method of income for Club 12 will not conflict with the spirit of the 11th tradition because it is just another way to receive donations from individuals rather than from a grant or other resources from the larger community.



## Classifieds

Here Comes Fall!  
Look for some more fun  
in sobriety  
Come to Club 12  
For another event  
To volunteer ask a  
board member or attend  
the board meeting

**Club 12**  
**Board of Directors Mtg**  
**8/15/19**  
**6:45 pm**

## MEMBERSHIP MATTERS

JOIN CLUB 12 &  
HELP KEEP IT

## Fun in Recovery

### GROUP ACTIVITIES

AGNOSTIC: POT LUCK 1ST MON OF MONTH

HAPPY HR: PIZZA/SPEAKER LAST SUN OF  
MONTH

WOMEN'S: POT LUCK LAST FRI OF MONTH

### 12-step Recovery Seminars

October 5 8:45 - 4:00

1st Presbyterian Church

Boone, NC

See flyer for details

## Area & District Events

Summer Committee  
Meeting

Clemmons, NC

August 24-25, 2019

Fall Assembly

October 26-27

North Raleigh Hilton

Raleigh, NC

## **CLUB 12**

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## **Club 12**

*Recovery Meets Here*

**WWW.Club12BooneNC.com**

*A self-supporting, private nonprofit corporation*

*Comprised of dues-paying members*

*Operated by a volunteer non-paid Board of Directors*

*Purpose: to assist each individual in 12-step recovery by providing:*

*A meeting place for 12-step recovery groups*

*Social activities such as dances, special events and other gatherings*

*Private discussion rooms*

*Bookstore for recovery community*

*Service information for the recovery community*

*Support spiritual, mental, & physical welfare of recovery community*

# **Wish List**

**Donations of snacks/drinks**

**Gift cards: snacks/coffee, office supplies**

**Carpet cleaning service or steam cleaner**