

Keep Coming Back

Volume 2, Issue 9

Sept 2019

Business Meetings & Announcements

- Club 12 Board of Directors Sept 19, 2019 at 6:45pm.
- Volunteer opportunities available Check with Club 12 office



Inside this issue:

9h Step & 9th Tradition	2
Amazon Smile	2
Classifieds	3
	3
Wish List	4

Beginning of the End of Isolation...

Working the steps begins the process of recovery from addiction. This process can also be called the end of isolation.

One of the first aspects to this end is the fellowship that assists and takes care of us as we find abstinence from addictive behavior/substances. Community, the fellowship, enables us to resist and overcome powerlessness regarding those behaviors/substances. But even more than the fellowship allows that to happen, it begins to help us know what real community is, a group of people bonded by shared endeavors.

Service also begins in the

first days and weeks of belonging to the fellowship. Sharing our experience, strength and hope creates the strength of the bond between individuals and group and therefore sense of community. Whether a newcomer or old-timer reveals their experience of addiction and/or recovery brings us to the program from the start and is the first example of service to others.

The recognition of a Higher Power, whether God or not, comes from a sense of connection. Fellowship is also an aspect and often begins this aspect of recovery. The second step asks us to develop this sense beyond the fellowship into the realm of the world around

us, so that when we are alone we can still find solace in connection.

Revealing ourselves to others also allows us to hear other people and begin to provide service to their recovery. A sense of self-forgiveness arrives partially through seeing the pain of others and the similar struggle and finding compassion for another human being and then for ourselves. Self-forgiveness is one of the most profound aspects of recovery from addiction and can be elusive but through working the steps self-forgiveness can happen and we know we are not alone ever. Our struggles still exist but they are not in vain, but actually are necessary.

High Country UCC makes a donation

The congregation of High Country United Church of Christ donated money to Club 12 during August. These funds will assist daily operations and supplies. In the letter informing Club 12 of this award, Pastor Tamara Franks wrote, "We feel

Called to share our resources with those who are doing important work to support the lives of those in our community who are less fortunate."

Club 12 was proud to accept this gift and this recognition for the service provided. Where the

12-step fellowships provide the real healing from addiction, Club 12 offers resources and facilities to create a stable, safe place for community and step work, not found in other meeting places. This donation supports that cause without expectation, in the spirit of service.

Step Work: Step 9

Most of us are familiar with Step 9 and the making of amends that's at its core. Two things stood out to me when I went through the step: how "direct" might be interpreted, especially given how different our means of communication are today compared to what the first fellowships used; and also the importance of following through especially if the amends are going well.

Regarding what is exactly a "direct" amend is, and whether that includes it at least being partially in email, text, or other newer communication method. I learned that my first point of reference should be my sponsor. If I can make an amend that I

wouldn't otherwise being able to address, or if it serves as an avenue to get an amend started, technology can play a positive part. But if I'm using it to duck out of some part of my own responsibility or to avoid confrontation (and possible rejection), technology can easily become a crutch and easy out.

Another thing I learned after a few early dreaded amends to people that were at the top of the list went well, I rested on my laurels and didn't make anymore for quite a while. I stalled out, got proud, and learned that the good feeling I got from setting a few old wrongs straight (and finally taking responsibility for my part)

didn't last. And that it really wasn't about me in the first place.

Made direct amends to such people whenever possible except when to do so would injure them or others.

Tradition of the Month: Tradition 9

It seems like many of our traditions address issues that the forefathers saw could become major problems. I'm grateful for it because Tradition 9, like many others, wouldn't seem like that big of a deal. It seems almost natural that you'd want a society of people not known for their organization to be have some type of solid structure. But even then, they could see that creating organizations

where some people had more power than the other could lead to cliques and factions within a group with a sole purpose. And so like with many of our other traditions they found a way to keep the focus on the problem that brought us all together in the first place.

AA as such, ought never be organized but we may create service boards or committees directly responsible to those they serve

Amazon Smile for Club 12

It is easy to support Club 12 when hopping on Amazon.com by using Smile when purchasing any item on Amazon.

It is simple to use. Choose Smile and it will prompt you to find the organization. You will find us using Club 12 Inc and it will give the location, Boone, NC.

Smile can be used with or without Amazon Prime as well.

This method of income for Club 12 will not conflict with the spirit of the 11th tradition because it is just another way to receive donations from individuals rather than from a grant or other resources from the larger community.



Classifieds



Bring a Dish or Dessert if you like

Behind the Hunger Coalition on Health Center Dr.

Contact person: 828 406 3264

Time: 1:00

Date: 09/21/19



Club 12
Board of Directors Mtg
9/19/19
6:45 pm

MEMBERSHIP MATTERS

JOIN CLUB 12
KEEP IT OPEN

Fun in Recovery

GROUP ACTIVITIES

AGNOSTIC: POT LUCK 1ST MON OF MONTH

HAPPY HR: PIZZA/SPEAKER LAST SUN OF MONTH

WOMEN'S: POT LUCK LAST FRI OF MONTH

12-step Recovery Seminars

October 5 8:45 - 4:00

1st Presbyterian Church

Boone, NC

See flyer for details

Area & District Events

Fall Assembly

October 26-27

North Raleigh Hilton

Raleigh, NC

CLUB 12

141 Health Center Dr.

P.O. Box 2643
Boone, NC 28607

Phone: 828-386-4227

E-mail: club12boonenorthcarolina@gmail.com



Club 12

Recovery Meets Here

WWW.Club12BooneNC.com

A self-supporting, private nonprofit corporation

Comprised of dues-paying members

Operated by a volunteer non-paid Board of Directors

Purpose: to assist each individual in 12-step recovery by providing:

A meeting place for 12-step recovery groups

Social activities such as dances, special events and other gatherings

Private discussion rooms

Bookstore for recovery community

Service information for the recovery community

Support spiritual, mental, & physical welfare of recovery community

Wish List

Donations of snacks/drinks

Gift cards: snacks/coffee, office supplies

Carpet cleaning service or steam cleaner